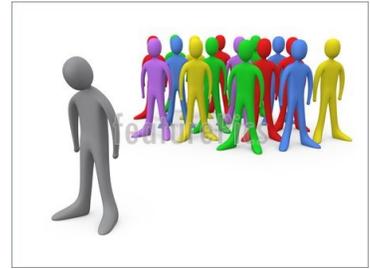


Let It Be



“Let It Be.” A song written at a time our country—and some of the world—was in turmoil, those words apply now, more than ever! It’s been an interesting time to learn more who we are, hasn’t it? Sometimes it’d be way easier to just go along with the drama and righteousness on the crazy train, but later on, it just never feels “right.” Look at the lyrics to “Crazy Train.” Interesting. It’s all right here.

You’re not alone. It may feel that way when your closest friends and even family surprise you with their choices, but it’s just a little harder challenge, that’s all. You’re ready. Your life is ready, even though we try our best to cling to the way things were before. Humans are more aggressive than ever, on purpose, to force all the choices. Our natural human reaction is to resist the changes we’re being forced to make. It would be easier to pout about life being “just fine” before, and to try to save it by making them all understand, rather than have to take other big, unknown steps forward. The forward steps often move us away from many people and things we held dear. Until now, we thought much of it was our life purpose and our reason for being here, and we’re not just going to give up and leave all that! We don’t know who we are without it.

Consider that maybe it WAS your life purpose . . . but just up until now. Maybe it isn’t, anymore. Maybe you did all you could for those people, and you learned all you could about who you are so far with those people, but you’ve just reached the end of your journey with them. Or at least, the end of the way you interacted with them before. As they say, “Maybe they’re just not your people, anymore.” At least, not in that way. Trust me, I know personally how this will push you past everything you ever knew about yourself, into pulling out courage and capacity you never knew you had. Compassion for yourself and others will navigate you well.

Yes, I understand that you’re trying to save a lot of people from some horrible things, things you know can bring a lot of pain, suffering, and without exaggeration, even death. I know, sometimes we know more than we’d care to know. It feels like such a burden, such a responsibility. Where is the line in this gray area, telling us what to do with the knowing? It’s different for everyone, to be honest with you. Some have paths they must go down, as part of their human journey. No matter where we think that path leads, our job is to stick to the path our soul needs to take, and respect the path their soul needs to take. NO MATTER WHAT. And no matter what, to the best of our ability, our job is to love them and allow them their choices.

After all, we know we don’t want anyone telling us what to do, right? We want to be able to make our own choices and learn our own way. If we just remember that for a second, it’s much easier to let others make their choices too. We need to remember they NEED to make their own choices as part of their growing and learning in this life. NO MATTER WHAT. Obviously, if you’re responsible for a minor or someone not mentally able to make some choices, you always need to do what you know in your heart’s glow is truly best for them. What I’m addressing here is adults allowing other adults their rightful freedoms. So understanding for the highest good is all you need. Understanding the details is unimportant; we don’t need to over-analyze why they believe what they do and they don’t need to understand us. There’s a greater thing at work! Trust!

The hardest part comes when they pressure you to make the same choices they are, live the same way they are, and if not, you are truly an outcast. They usually don’t give you the benefit of the doubt or care one second about who they know you are. They won’t even ask you for your side of things. If you try to explain, they let you know they don’t want to hear it, and they won’t. Explanations only make it worse, to your surprise. Maybe the tribe can’t throw you out of the village physically, but they will make it so painful for you that you will want to leave on your own. Sometimes this leaving is a physical move, but often, it’s just changing the relationship or the space you share. I’m here to tell you, it’s all OK! It will be OK, trust me!

Why do you think EVERYTHING seems to be against you? It's quite simple and obvious. It's because you are supposed to move forward now. This is not your place anymore, or not your place in the way it was before. Without all this, you were not evolving into something that is destined for you, that's all! Take my advice and don't try to make it right; they will only push you out even harder. They don't realize they're doing it, but they will aggressively do all they can to get you out of there! Don't fight it; that's just fighting yourself, and the reason you were born. Trust it. Remember that God made our bodies to self-correct and to heal. God made our whole world to be self-sufficient, no matter what humans throw at it. Let God take care of all of that and get on to the next beautiful adventure in your life! I realize you may not have any clue where you're supposed to go or what you're supposed to do, and it's this way for a very good reason; it's time to venture out.

To find one's purpose every day, one only needs to follow what brings the heart and soul JOY. True joy, not an "escaping one's self" fix. Just ask your heart what it would "en-joy" doing right now? What would it "en-joy" thinking right now? What dreams does it have? It's just time to learn more about who you really are, and it's much more than you've ever imagined. You are what you've always dreamed about. If you can imagine it, you can become it, simply by trusting, being grateful, and following the flow of life . . . even when it's right out the door of everything you've ever known. It's okay. It's just time. It's time to be YOU.

And every single person that just makes the choice to follow the longings and the truth coming from their heart over what others are choosing helps the world heal and grow as it should. That's the truth, and that's why you—yes YOU—are so significant to the entire world. The courage and the light that shines from you when you follow your life's true journey radiates out to everything else and it provides hope and inspiration to all others, even those that oppose or shun you. It can have no other effect, whether people realize it or not!

We don't need to concern ourselves with where we're going, or even where the world is going, when we follow the truth we hear only through the warmth of our hearts. We know it's leading us somewhere wonderful, no matter what we go through to get there. Another song with profound words for our time is "Imagine." If you listen, deep down in your heart, you know a better, brighter world is coming out of all of this, so never give up on yourself and what you know you want to be, regardless of what everyone around you chooses. Trust. Believe. Remember there is always a greater good coming behind it to balance it all, and yes, we can love the way we really want to. We can love ALL. I'm with you and love you dearly.

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