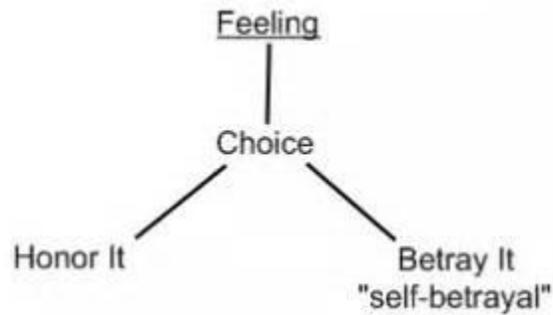


TO THINE OWN SELF, BE TRUE



Who's in charge of your life? You think you are? For many of you, I call BULLSH**! Chances are, you are NOT in control of your life. . . you are just SO fooled into thinking you are!

WAKE UP! (Please?) If you don't read the rest of the article, I've already proven it to you. **That THING that's controlling you already told you not to read the rest of this.** It gave you some bullsh** excuse that you shouldn't or don't need to or don't have time or whatever. If you are going to read the rest of this, good for you! There is hope for you and for your life. You are one of the strong that could survive! (Yay!!!)

So if you can handle it, ask yourself, what am I doing with this life? Am I wasting precious hours, precious days, maybe even my ENTIRE PRECIOUS LIFE? What AM I DOING?! Oh, don't stop thinking! Please don't stop thinking! Don't fade off into zombie mode so fast. (Boy, is that "the way to be," these days!) LET the REAL YOU come out, at least for a couple of minutes, to finish reading this. Give your life a chance! You were created to LIVE and to do SOMETHING with your life. Why else do you think you are here?!

The zombie/the ego/the dark side/our demons rule over most of us, most of the time. The more we feed it, by giving in with habits and excuses and truly, just lack of plain old thinking, the more control it has. But it's NEVER too late; if you think for a moment it is, well, that's just your dark side lying to you again. It's what it does, you know. . . lies. Keeps most people fooled until they're staring in the face of death and realizing all of it with overwhelming regret. Is that where you're planning to be, when it's your time? Must be, if you still don't take the time to turn on your brain. You're just a walking, talking, dummy suit. You're not real.

See, the REAL YOU, if it were in control, would not harm itself. The REAL YOU would take precious care of everything about you and your life, wouldn't it? The REAL YOU wouldn't push away all or most of the really great and good things in life, would it? WHO'S IN CHARGE OF YOUR LIFE? LOOK IN THE MIRROR! It's okay, don't be afraid! That "thing" ruling you will tell you not to listen to me and it will probably even tell you to get so angry about this, that you never listen to me again; it has to protect its kingdom, somehow. Obviously, it will scream at you to PUSH AWAY anything that honors your real self because its only mission is to stay in control and destroy your life. Did that register with you? **I'll say it again, "Its ONLY MISSION IS TO STAY IN CONTROL AND DESTROY YOUR LIFE!"**

Still don't want to believe this is you? Okay, but I warn you, your REAL SELF is going to have to take over for a minute and allow your brain, your heart, and the honesty of your soul TURN ON. See, if they're ON, light and truth shines on all the BULLSH** and you will see everything clearly. It's that easy. Here's some simple ways to tell who's in control of your life:

-Do you push away opportunities for the good things life has to offer you?

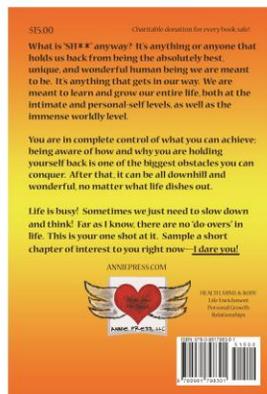
- Do you stuff your face with toxins, junk food and drinks, and maybe even overeat and drink, like a pig?
- Do you zone out or avoid thinking things through, constantly distracting yourself instead?
- Do you think and talk about other people or events more than you do your own life?
- Do you think other people and random life experiences are to blame for who you are and where you are?
- Do you surround yourself with people that do all of the above so that you don't feel guilty?
- Do you avoid people or things that ask you to THINK?!

It's really very, very simple. In anything you're doing, you just have to ask yourself, "Does this honor and respect my mind, body, and soul, or does it betray even one of them?" WHY would ANYONE IN CONTROL OF THEMSELVES HARM THEMSELVES IN ANY WAY—the body and its health and longevity, the mind in allowing it to think things through, or the soul in living an unlimited life, filled with dreams and bliss? If you were truly in control, you would not inflict harm on yourself, would you? If you were truly in control, you'll pick up this article and read it again, and again, and again, until you pull back all of the power you have given to that side of you that wants to destroy you and waste your entire life. **If you were truly in control, you'd see the light and the simple truth and take back the rule today. . . NOW!**

And don't be fooled. No matter how long you've surrendered your life, you can regain control very quickly and very easily...just turn on the brain to start and think things through. **Ask yourself if what you're about to do REALLY makes sense to you? Is it HELPING your life? If it's not, you are literally ROTTING AWAY, even before you hit your grave. It's always one or the other, helping or harming.** There you have it! If you're helping your life or honoring and respecting any part of you, YOU are in control. If you are NOT helping your life, you are betraying and disrespecting yourself and your dark side is running amuck. Simple. Sending love with big hopes you take back control because EVERYONE LOVES REAL PEOPLE, and frankly, ZOMBIES SUCK, in every way. ~Mary Anne

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