



## Children Know

What are we? If we see only physical parts of us (body and mind), that's what we tend to create our thoughts and actions from, but if we simply remember there's possibly a bigger purpose to a life, we allow input from the spirit/divine/soul/heart pieces, for both ourselves and others. Our divine side is often dismissed as “imagination” or “crazy” or even “taboo!” Suppressing anything is caused by fear of something, so face the fear and choose to heal it. We ALL have this guidance on purpose, put there by a loving Creator to help navigate our lives. Do we really think our small brains and physical random things is all there is? No, most of us do KNOW better. Think about our physical senses. No two people have identical sensitivities and abilities. In the same way, we have different levels of non-physical senses too, but we all have them, make no mistake. We just have been taught to just dismiss it or deny it. Why? Do we really think a careless Creator messed up our design?

I believe when a soul comes in to a new body, there's a good chance all their clair senses are intact. Is that why babies are just “more sensitive” than adults? Before anyone can tell them to ignore those clair senses, you'll often see babies smiling or watching something in the air. A lot of people do believe they can see angels and spirits. I'm convinced they can see it all, and non-physically, there's always light around us . . . there's always beings of light and love, everywhere, helping us, guiding us, catching us, doing so many things for us!

I think children can see them, but then the physical world they're trying to survive in overwhelms them and they're taught to ignore it—whether directly or indirectly. So many times they're taught, “No, that's not really there and you must ignore it and not talk about it . . .” But when we don't listen, they get really frustrated and that's why you see tantrums and a “Terrible Twos” phase. Perhaps they are seeing, hearing, and aware of things we're not, and we're forcing them to reject it. We're forcing them to tune it out. Imagine, coming to a strange new world where no one understands your normal language of telepathy. After some long months, you finally have the physical ability to start communicating with gestures and verbal sounds that some people understand, and you continue to learn. Not realizing adults are not using their divine senses to see and know everything you do, it's confusing, especially if you already told them what you wanted, telepathically. How frustrating as the young try to learn what grown-ups respond to, and have to learn what to ignore because that's what the grown-ups accept! Can you imagine the patience they have to have, not to feel defeated all the time communicating?

Kids know there's nothing more important than just enjoying the people around them, of just being present and being grateful for everything in that moment; they live in the NOW. They savor what's going on around them—the people and the feelings. They're really into that, just like we should be. But we make all kinds of excuses like, “Oh they're just a child and they don't know. They don't know the troubles of the world, they don't know what we've been through, they don't know what we're dealing with.” I think they ARE aware of all these things, yet they know the best way to help is to be present, as their true and wonderful self, and to make the most of the current situation as such. To be grateful for it, and for the people they are with. That's why often, children are SO much kinder to all living things including animals and plants, and they're so much more respectful and caring, no matter how different, and even to strangers. So again, take a lesson. We need to learn this now! They know.

The source of every living thing is truly just light and love. We're all forms of light-- a beam or ball of light. It's eternal and there's no shutting it off. When we connect with each other, even just in thought, with our true

essence acknowledging other living things with love, we tie our lights together. That GROWS the intensity of the light and the love; it creates more light for the entire world and the entire universe. The more light, the clearer we can see! Think about how Vegas takes the darkest desert sky—pure black—and transforms it into daytime! We do the same thing when we connect our lights, changing dark and dismal into brilliant and powerful.

How frustrating when kids know a certain food or person or situation is toxic and they don't want anything to do with it. But we aren't tuned it and ignore it and worse, we FORCE THEM. What an absolute nightmare! What if ADD, ADHD, Autism, and all those things are really just heightened clair senses and divine gifts? They may know certain foods and substances are like poison to them. They may hear things including thoughts, know things, and sense the environment—like all the massive, man-made energy waves. But we think they're the crazy one—the different one—and we try to get them to conform to society! Honestly? The horror. And until we drug them up to subdue them or beat them down to feeling hopeless, we can't get them to “be our version of normal.” Such a tragedy, don't you think? In the very least, give them pure things to eat and drink, and use only non-toxic detergents, soaps, shampoos and household products. Listen and trust them. Give them a fighting chance!

What if we could just allow them to know what they know and make some choices, within reason, but allow them to be themselves? What a beautiful adult they would be allowed to grow into, instead of suppressing everything they know and think they're crazy half their whole life. That light is there. That love is there. Follow the lead of the children. THEY KNOW WHAT THEY'RE DOING! Obviously, we have to live life and do certain things and we have to keep them safe, but we could give them a lot more room, and allow them to remember what they were born knowing. Let them be themselves, and maybe even teach us! We knew too, when we first got here. It's just at that point in our life when we start to communicate verbally that most adults shut it down in kids. It's heart-breaking, if you ask me, to be forced to be a certain way to be accepted. Think of all the help they could provide to the whole world, if we allowed them the gifts they were born with?

If we only knew a smidgen of what they knew. If we could only remember, I should say, because we DO know it with the inner guidance of our heart and soul. Let's give them a chance to teach us again. And in the meantime, even if we can't see it, hear it, feel it, know it, let's just try to remember, especially in hard situations, WE ARE LIGHT. We are love. If we just allow it and live from that, what a beautiful, miraculous life we'll have!

~Mary Anne

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