



# Sneaky False Gods

Moses isn't here anymore to keep us away from the golden calf god, but just like back then, we're tempted with tons of current-day false gods. It's really kind of scary when you stop to think about it! How many things do we “worship” or give more importance to, than the truth in our hearts--the Divine Guidance that's always with us--if we just have the guts to listen.

There's more pressure than ever on this planet to **follow**. Follow whatever somebody tells you to. Be “A Good Servant.” Am I exaggerating? What do you think? Are you allowed to think anything but what THEY tell you to think? Let's start with the easy, obvious things and work our way deeper . . .

Money and Material Things: When we make the pursuit of, or the attachment to, **anything** more important than listening to our heart and soul for what we know is truly best for our lives, we make it a god. If we do that, we need to stop and ask ourselves honestly, WHY do I need THAT to feel \_\_\_\_\_. Maybe it's feeling successful, smart, like you're winning, worthy, or respected, etc. Really let yourself dive into **why you need THIS to feel THAT** and start working on healing that messed-up thinking!

That leads us into Mood-Changers--things we need to DO or HAVE or CONSUME to feel \_\_\_\_\_. See the pattern here? It's looking for something outside of yourself to make you feel better about yourself. Even though we know that never works, as it's just a temporary escape, and in the end, it'll all crash down on you . . . it's just a matter of time. That makes us anxious and depressed and we make up every sort of excuse possible for feeling this way, except for the core reason: **That we keep looking OUTSIDE the knowing in our heart and soul.** We keep looking outside ourselves for who we are. **News Flash: You're NOT out there** and no one can tell you or show you who you are! No one.

But, we long to have someone out there show us who we are. We look for love in all the wrong places, search for belonging by following along, or idolize someone we admire, thinking if we could just be like them, we'd be happy too. We also tend to dummy ourselves down, way down, thinking we don't know anything (*we must not know anything, if we don't know everything about a certain thing, right?*) We really kind of give up, and believe it's just easier to follow whatever they tell us. This could be ANYONE! A world “expert” or the media, a close relative, someone you feel you owe something to, peers, etc., but something is seriously way off, when you just follow without trying to find your truth in it first! Again, what are you then? Are you a **living** soul, put here right now to be a critical part of what the world needs by being your unique and true self, or *a zombie, a servant, a robot, or something else . . . ?* What do you FEEL LIKE, these days? TRUST YOUR TRUTH!

Remember who you are (an equal human being) and where your truth and wisdom is (your heart and soul, not the small human brain that is SO EASILY manipulated!) As you even think your truth, it will feel calm, peaceful, truly happy and strong. Anything that doesn't make you feel this way IS misleading you. The sneaky part is, **it knows how to take your attention and get you to follow it** before you even remember to ask your own inner guidance (God, or a Higher Power) for the truth! **It**

**will keep you distracted your whole life, if you let it.** It'll take you down nasty roads full of misery for sure. Fear is a False God's strongest tool! Never allow fear to make your decisions! **A False God's job IS solely to lead you away from knowing who you are and what your truth is and what your life is meant to be.** Stop and think, every day, why you do what you do, think what you do, and whether you are tuning in to the ageless wisdom of your soul . . . or not! You are a significant part of this world. Following your truth helps the world, not following your truth harms the world. No matter what the rest of the world is doing, this is the truth of Oneness and your reason for being here!

If you are one of the courageous that's serious about living the life you came here to live, I have a bit more for you. The super-trickiest place of all that a False God lurks is in our pain. Why not kick a tormented human when they're down to keep them down, right? While you feel completely alone in your pain and suffering, I ask you to break the delusion that you're the only "Victim" out there, or that only you went through something most people could not recover from. Start talking to the kindest person you know about the worst thing they've been through and you'll be surprised! But I'm not here to scold you for feeling sorry for yourself; that's all part of this human experience. What I am here to bring awareness to, is that labeling yourself with your past, your identity, or your suffering is just another distraction to KEEP YOU FROM WHO YOU'RE REALLY HERE TO BE. What good is that trauma/drama "badge of honor" for something that happened to you, except as a glorified excuse to keep you from what you know deep down? Use it only as a tool, to find compassion for others.

**Again, if you allow it to stop you from listening to the truth in your heart, you've crowned it a god in your life.** One more time: TRUTH feels warm, peaceful, joyous, as you think it. Things not part of your real self feels icky and doubtful in every way, as you think it, especially towards yourself. Loving ALL includes yourself too. Dump the False Gods. It's time now to be brave; you will never regret it!

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